

SPECIAL REPORT

THE PATIENT'S GUIDE TO ORTHODONTIC TREATMENT

***What to Expect,
What to Avoid,
and How to Ensure
Your Satisfaction.***



AccurateBraces

THE PATIENT'S GUIDE TO ORTHODONTIC TREATMENT

Thank you for taking the time to read this Special Report prepared for you by Accurate Braces. If you are considering getting orthodontic treatment for yourself or a loved one, you'll want to be sure to read this entire report since it contains information that is critical for you to know before you decide to get your braces.

Like any other field, orthodontics has come a long way since it was first introduced. It is very important for you to know what is possible today, especially with new and advanced systems like the Accurate Braces System created by Dr. Gary Larsen.

In this report, we will teach you what you can expect during your orthodontic treatment, what you should avoid, and how to ensure you are satisfied with the results of your orthodontic treatment.

WHAT TO EXPECT WITH ORTHODONTIC TREATMENT

Most orthodontists will offer you a free evaluation of your teeth. You will come into their office and they will examine your teeth and possibly even take X-rays of your jaw. Based on this initial examination, they will then let you know what is necessary for you to begin orthodontic treatment.

For simple or minor cases, it is not uncommon for standard metal braces to be offered. Certain cases may even qualify for new Invisalign® or ClearCorrect® technologies that allow you to wear clear aligners over your teeth that are virtually invisible.

However, more often than not, patients will need to undergo other types of dental preparation before they can begin treatment. The most common suggestions are: *tooth extractions (amputations) and oral surgery.*

Tooth Extractions - If you have too many teeth in your mouth and there appears to be no room for them, your orthodontist will probably suggest that you have these "extra" teeth extracted. This has been taught as standard practice in the orthodontic trade for years, but this practice of extracting teeth is simply outdated and just plain *wrong*. We will explain why in the next section, "What to Avoid." Just be aware that with advanced systems like the Accurate Braces System, you do not need to get your teeth extracted no matter how crowded your mouth appears to be.

Oral Surgery - It is also common for oral surgery to be suggested prior to beginning orthodontic treatment. Oral surgery is usually suggested when the jaw needs to be adjusted in order to create a more perfect smile. Oral surgery is expensive and painful and can be quite serious (e.g. breaking the upper palate in order to widen it to reset and expand the upper jaw). Orthodontists suggest this type of surgery frequently, but again, it is almost never necessary.



Dr. Gary Larsen, DDS
Developer of the Accurate Braces System

When it comes to true, professional orthodontic care, you should not settle for anything less than the most advanced and accurate procedures that are not harsh or barbaric. Orthodontic technology has advanced to the place where you should reasonably expect to receive treatment that is simple, relatively quick, and comfortable. Before we explain how to ensure this level of satisfaction, you should be sure to avoid the following common pitfalls of current orthodontic practices:

WHAT TO AVOID

Dr. Larsen's Accurate Braces system was designed to specifically avoid the following problems associated with other orthodontic procedures:

Tooth Extractions - A tooth extraction for the sole purpose of orthodontics is really an *amputation*. It is the needless removal of a part of your body that serves a function and that is not supposed to be eliminated. If your tooth or teeth are misaligned, crowded, or crooked, that is simply not a good reason to extract them.

Most orthodontists still suggest extractions, but it is a terrible practice in this industry. Imagine if other doctors operated with this same philosophy. Imagine going to your doctor with a broken arm, and since your arm is now broken and not operating within its proper natural potential, the doctor simply suggests that you cut it off of your body and get a prosthetic arm! That would be considered ridiculous. But, orthodontists are still recommending the exact same thing for their patients with crooked, crowded, or "extra" teeth.

The Pitfalls of Tooth Amputations - When teeth are amputated (extracted) from the mouth, it can cause a number of problems down the road. If teeth are removed from the mouth, it usually causes the patient to have a more narrow smile (which is less attractive), and since the tongue doesn't have room, it can go backwards down the throat potentially causing snoring problems and in some cases, sleep apnea.

Orthodontists who prescribe tooth amputations (extractions) are often only considering the facial profile and not the width of the mouth. Additionally, they are not taking into consideration the long term growth aspects of the face as tooth extractions are well-known for causing faces to sag and droop as the client gets older because of the bone loss in the mouth.

Oral Surgery - As mentioned earlier, oral surgery is commonly suggested for patients before they begin orthodontic treatment. The easiest way to avoid this is to utilize Dr. Larsen's Accurate Braces system which produces the best and most accurate results without the need for surgery. Surgery is expensive, painful, and permanent. Since advanced procedures like the Accurate Braces system now exist, there is simply no good reason to endure the pain, suffering, and expense associated with oral surgery.

Headgear - Many orthodontists are still prescribing the use of "headgear." For example, here is some text taken directly off of a modern orthodontists website: *"The headgear is attached to the braces and is anchored from the back of the head or neck. Its purpose is to stop the upper jaw from growing, retracting the upper teeth and restraining forward growth. Usually 12-14 hours of wear is required daily."*

The use of headgear should be avoided at all cost. Headgear may cause serious neck problems and even migraine headaches resulting in the need for expensive





chiropractic treatment. There is also the potential for jaw and joint problems (TMJ problem) associated with headgear and even certain extraction treatment.

HOW TO ENSURE YOUR SATISFACTION

Getting braces is an important decision to make and one that you should not take lightly. Many people's self-confidence is directly related to their smile and with today's advances in technology there is no reason why everyone shouldn't have a picture perfect smile. To ensure you are satisfied with your orthodontic treatment, be sure to select an orthodontist who offers the following:

Reduced Treatment Time – Orthodontic treatment has typically required a minimum of 2 years for even basic treatment. New technologies, like the Accurate Braces system, only require 2 years in the most *extreme* cases. Simple cases could be as quick as 3 months with the common treatment only lasting about 1 year.

Philosophy of Non-Extraction – You ultimately will not be satisfied with the long-term results of braces that required tooth amputations. Be sure to select an orthodontist that does not extract teeth for orthodontic treatment.

No Surgery or Headgear – Be sure to select an orthodontist who will not prescribe painful and expensive procedures like oral surgery or the use of headgear. These old methods and procedures, while still widely used in the

industry, are simply outdated and no longer necessary.

Interest Free Payment Options – If you are going to be making monthly payments for your orthodontic treatment, then you should not need to pay any more than the cost of treatment alone. Be sure to ask your orthodontist about interest-free financing options so you don't get stuck paying too much for your treatment.

Lifetime Guarantee – A good orthodontist who has confidence in his procedures should be more than willing to offer a lifetime guarantee. Any such guarantee should stipulate that if the patients teeth become crooked again even though they have maintained their retention program (i.e. wearing a retainer), they should be entitled to another round of orthodontic treatment for free.

Following the advice above will ensure that you are satisfied with your orthodontic treatment for years to come. Thank you for taking the time to read this report. For more information about Dr. Gary Larsen and the Accurate Braces system, visit us online at www.accuratebraces.com.